



Vlaanderen  
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# THE CORONAVIRUS

## How to prevent an infection?



**Wash your hands regularly and thoroughly** with water and soap for about 40 to 60 seconds.



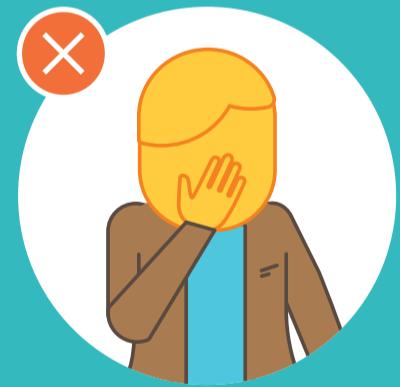
**Cough or sneeze into a paper tissue** or cough into your elbow.



**Use paper tissues** and throw them away in a bin with a lid.



**Stay at home if you are ill.**



**Avoid touching your face** with your hands.



**Try to avoid shaking hands.**



**Avoid close contact** with people who are ill.

TAKE CARE OF YOURSELF AND OF OTHERS.